



Hi-Desert Flyfishers

Volume 6, Issue 4

April 13, 2010

The Hi-Desert Fly Fishing Club

Club Officers

President: Paul Sinclair

Vice President:

Treasurer: Larry Longueira

Secretary: Craig Bullock

Outings/Instructor: Paul Sinclair

Safety/Instructor: Steve Roach

Newsletter: Gary Applebee

Send Articles to:
glapplebee@gmail.com

Program

Richard Allen Bean will be our speaker for the April meeting. He will be giving his talk on fishing for warm water species of fish. This will come in handy when we are fishing for bass and bluegill at Jess Ranch as the weather warms up.

March Meeting Summary

Frank Selby could not make it to the March meeting. Our own Trevor Walker gave a nice talk about fishing in the UK. His talk detailed his favorite flies and places to fish in England.

April Tying Class

Instead of tying flies this Friday, April 16th. We will have a board meeting. We need to elect a new Vice President to replace John Rose. There are several issues that the club needs to make decisions on. All club members are invited and encouraged to come and participate.

We will be meeting at the Fire Station at 7:00 pm.

General Meeting Notice

Date: Tuesday, April 13, 2010

Time: 7:00 PM please try to be a little early!

Place: **County Fire Station**

Located: Apple Valley Road and Yucca Loma Road

Physical Address: 19235 Yucca Loma Rd,
Apple Valley CA.92308

Web Sites: www.hidesertflyfishers.com or
www.highdesertflyfishers.com

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HD Club Discount Locations

The following locations give us a break, **if you mention** you belong to HD-Flyfishers:

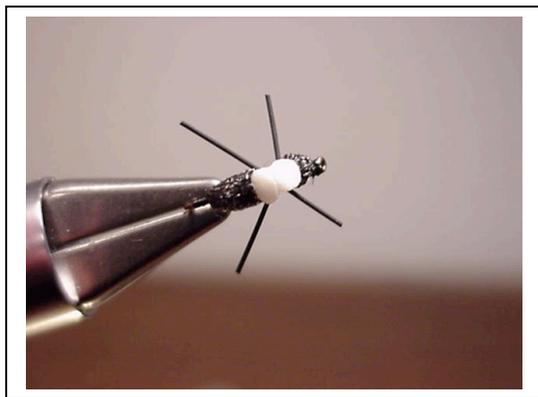
Sierra Trading Post:
Arizona Flyfishing (AZ):
Flymen Fishing Co.:
Sierra Stream:

The Sierra Trout Magnet, the shop is located west of the Owens River Fly Shop's old location. They will give our club a 10% discount. David D'Beaupre is the owner and his number is (760) 873-0010.

Beetle's are Easy to Tie

John Rose

This Beetle pattern produces well anywhere! This one produced well for me in the Sierra's, for Brook Trout, Rainbows and Browns. It has also produced well for blue gill and small bass in our local lakes. I know you will like it and everyone should have a few in their fly boxes.



I have had excellent success at Hot Creek with this version of a little black Beetle. This Beetle is simple to tie and gives a good representation of the natural. This pattern works very well at any place when the wind comes up.

Recipe

Hook: 94840 size 14 or equivalent.

Body: Larva Lace Foam strips, Color Black

Legs: Small size rubber leg strips, Color Black

Post: 1/8 inch diameter closed cell foam, Color White

Fig. 1 and Fig. 2



Step 1: as shown in Fig. 1. Wrap a black thread base from the head to cover the shank of the hook. Adam gives the fly a good thread base and then ties in the foam at the

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rear of the hook. Adam says, if the right foam is used the fly will never sink.

Step 2: While the foam is hanging back, wrap the thread back towards the eye stopping about a third of the distance of the shank from the eye of the hook. Now as shown in Fig. 2, pull down the foam and with a slight pull of the foam tie it down forming the beetle's body. You can trim the remainder of the foam if you want, but be sure to leave some hanging over the hook eye.

Step 3: Tie in the legs on each side of the hook, shown in Fig. 3 and Fig. 4. Tying the legs in after the foam body is tied down allows for easier positioning of the legs.

Fig. 3

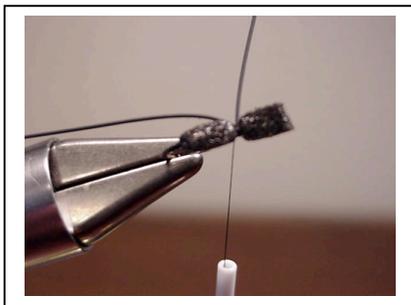
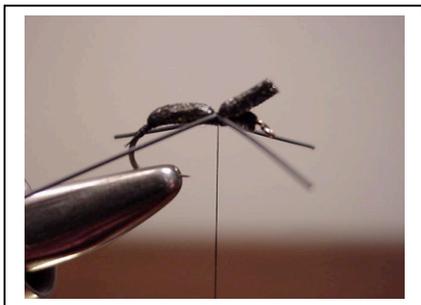


Fig. 4



Step 4: Tie in a small portion of the white foam at the same location you segmented the beetle, shown in Fig. 5. Trim the excess

white foam and tie down the black foam at the eye of the hook and whip finish.

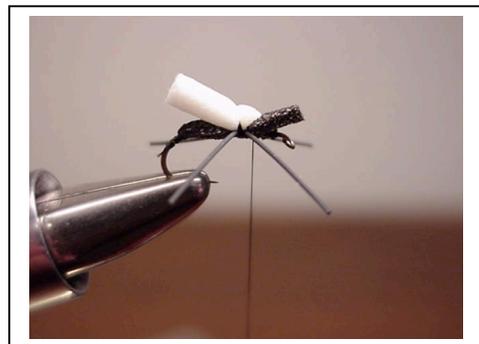
Step 5: shown in Fig. 6 is trimming the legs so that the approximate length is the length of the hook shank. Adam will cut the rear legs a little shorter than the length of the hook shank.

Fig. 6



One could vary the length depending on what the tier wants to duplicate. For example, longer legs would make it look more like a spider. I also tried giving the fly a foam base on top of the thread base. I tied the black Larva Lace foam in, about 1/8 inch from the eye and pulled the foam back and with wide wraps took the thread back to the end of the hook shank. This gives the beetle a little bigger body and may further assist in its floatation.

Fig. 5



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The tier can also use a colored marker to change the color of the post to make it easier to see in the water. For example: color the post red or yellow. You can also leave the Beetle as it is in Fig. 5 and make it even more visible.

Fly Tying **John Rose**

All fly fishermen think about this and truthfully it isn't cheap! Buying Flies isn't cheap either the average fly can run from \$1.00 to \$3.00 or more for each fly, depending on the pattern. The cost to make these flies your self will run from about \$.05 to about \$.25. The cost of the Orange Stimulator, for example would be about \$2.00 in the store and would cost you about \$.15 or less to make. The CDC fly in the last newsletter would cost at least \$1.60 to purchase and about \$.10 or less to make.

Those of you who might be thinking of tying your own flies, it doesn't have to be expensive to start.

To start the most important item to purchase is a good vice. I prefer the rotary type. A rotary vice will allow you to turn the hook when applying materials. Thus making it easier to tie. A decent one will start about \$60.00 and go up from there. The rest of the tools you can obtain for less than \$30.00. The cost of buying your hooks, necks, misc feathers and dubbing material is a different matter. This is where the majority of the expense comes in.

I have learned over the years to do this cheaper as well. For example, buying some of your supplies at a Fabric/Sewing shop.

I will discuss these issues at the June General Meeting and if there is enough interest we can set up some Fly Tying classes at a later time.

I would be glad to help. I do have two extra vices that are of the fixed type and one rotary one so I can demonstrate the differences.

A Simple Pattern to Tie

The Rose Caddis **John Rose**

I designed the Rose Caddis back in 1981, when no one that I knew tied a thread body Dry fly. Every thing back then was dubbed bodies. I used the thread body because it did not hold water and floated well. Good neck hackle back then was expensive, so I tried hen hackle. The hen hackle with a deer hair wing floated great and did not absorb much water especially with a little floatant. The fly was designed to imitate the caddis on Hot Creek. That is where it was first used. I tied them with an Olive thread body or a yellow thread body.

I was with Streamborn Fly Fishing Club at the time on the Clubs Annual Fall outing. The fly produced so well for the members that day, that all the members who attended tied a lot of these simple to tie flies.

At a latter time that year or it may have been early 1982, Streamborn had their Annual Installation Banquet. We had a guest speaker there, a Journalist named John Mckim (now deceased) who wrote the **Fly Ideas** column in Western Outdoor magazine. Streamborn members were telling

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him the success that we had with the Rose Caddis. John Mckim asked me to send him some flies and a few months latter it showed up as the featured fly in the April 1982 issue of Western Outdoors the Magazine.

It is a very good fly and still produces very well. There are some additional flies that I have made that have interesting stories too. I got these graphics for the Rose Caddis from the magazine article.



The Rose Caddis

This is an extremely simple pattern that I came up with over 25 years ago. It has proven itself over and over again on Caddis sizes on hook size 16 and smaller. This Caddis pattern is also a good one to teach a newcomer to fly tying. It is one of the easiest dry fly patterns. It consists of a size 16 or smaller hook. A 94840 Mustad or any equivalent Dry fly hook will do. This fly cost just pennies to make and will produce as well as any.

Recipe:

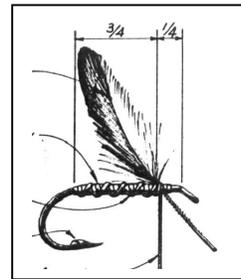
HOOK: Mustad 94840 or 94845, TMC 100BL or TMC 900BL, sizes 18 and smaller.

THREAD: Number 8 in Yellow or Olive

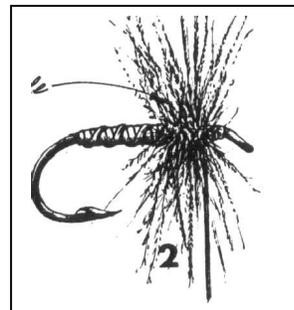
WING: Deer hair

HACKLE: Light brown to brown hackle fibers

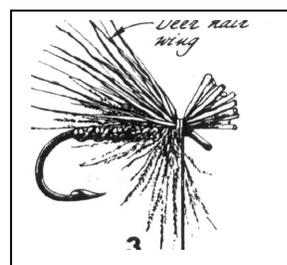
The First step is wrapping a thread body just light enough to show the thread color you want. Usually overlapping the threads at least 3 times will do this; try to taper the thread towards the eye of the hook and stopping about $\frac{3}{4}$ the length of the hook.



Now tie in an inexpensive hen hackle as shown in the diagram. You can use rooster hackle, but the hen will cause the fly to rest a little lower in the water



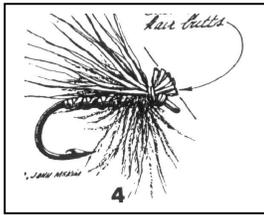
Now Wrap the hackle around this portion of the hook and tie off.



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Now tie in a small clump of deer hair to look like the diagram and whip finish or you can also do a series of half hitches to finish the fly.



Now all that is required is to cement the threads at the head with fingernail polish and trim to look like the diagram. I use Hard as Nails fingernail polish it works as good as the more expensive ones you can purchase from a fly shop.

A Very Inexpensive Bobbin Threader

Try this I think you will like it! Buy some Dental Floss Threaders. They work great, just stick the tip in from the spool side, of the bobbin and put the end of the thread through the very large thread opening and just like magic, pull the Floss Threader through the bobbin, cut excess thread and your done. These Dental Floss Threaders cost about \$2.00 for 50 of them. They will last a lifetime. John Rose

Project Healing Waters

Project Healing Waters will be coming to the Hi Desert to fish Jess Ranch. We at the Hi Desert Fly Fishers have agreed to help out with this worthwhile project. It is a time to show these brave men and women that they are not forgotten. Most of these

veterans are wheelchair bound and will need help to release the fish they catch.

There will be a lunch provided for all. The time is from 9:00 am until noon on April 16, 2010. We will meet at Jess Ranch at 8:30 am to help get ready for these veterans. We need as many club volunteers to show up as possible. This will be an event you won't want to miss.

Tell Paul Sinclair at the April meeting that you'll be there. We would like to get a count of how many people will be there.

New Newsletter Editor

John has decided to step down as the Newsletter Editor. Gary Applebee has said he would put together our newsletter. This is the first one Gary is doing. Some things will change and some will remain the same. Gary has said he will put the newsletter together. If you go on a trip and want to share with the club we will put it in the newsletter.

You can send articles that you would like to share to:

glapplebee@gmail.com

Chris Hyman will be putting the newsletter on the website each month. There will be a notice sent to you telling you that it is on the website after we publish it. For those of you who don't have a computer we will be mailing you a hard copy.

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